## **Health Status or Outcomes 2004 Results**

## **GENERAL HEALTH STATUS**

## How would you say your general health is?

- Almost 13 percent of Montana adults described their general health as "fair" or "poor" in 2004.
- The prevalence of fair or poor health was positively associated with age. Adults aged 65 and older (26%) reported "fair" or "poor" health more frequently than did younger adults (≤16%).
- Adults with less than a high school education (29%) were much more likely to report
  their general health as "fair" or "poor" compared to adults with higher levels of education
  (<16%). Adults with a college education were least likely to report their health as fair or
  poor (7%).</li>
- The prevalence of fair or poor health was inversely associated with income. Nearly one third of adults with household incomes less than \$15,000 (31%) reported "fair" to "poor" health compared to less than 7 percent of those with incomes of \$50,000 and more.
- Non-White or Hispanic adults (19%) were more likely to report "fair" or "poor" health than were White adults (12%), and American Indians/Alaska Natives (22%) had a significantly higher rate of self-reported fair to poor health.
- Adults with disability (38%) were significantly more likely to report "fair" or "poor" health than adults without disability (7%).
- There were no statistically significant differences in the prevalence estimates of selfreported general health among the adult populations in the five Montana health planning regions.
- Since 2000, the percentage of adults reporting "fair" or "poor" health has remained relatively constant.

[Table 3. General Health Status, Montana Adults, 2004]

[Figure 3-a. Self-Reported Health Status and One or More Days of Poor Health by

Type, Montana Adults, 2000-2004]

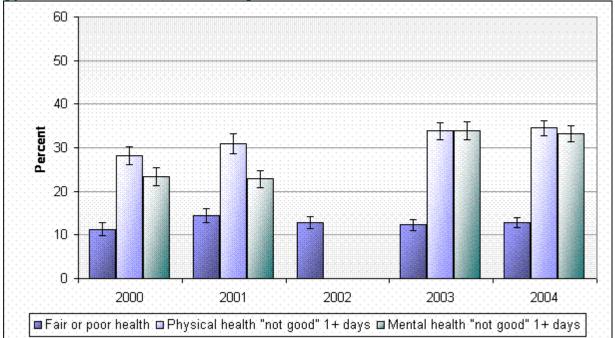


Figure 3-a. Self-Reported Health Status and One or More Days of Poor Health by Type, Montana Adults, 2000-2004.

[Figure 3-b. Self-Reported Health Status and 14 or More Days of Poor Health by Type, Montana Adults, 2000-2004]

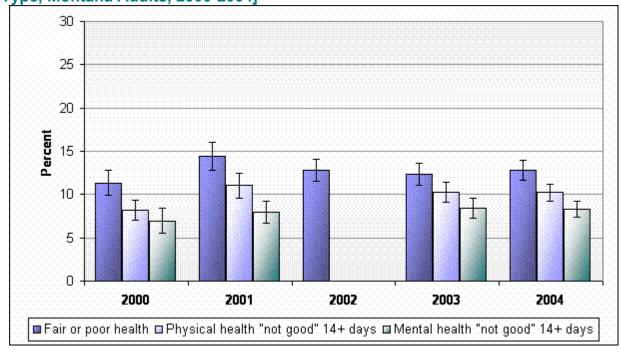


Figure 3-b. Self-Reported Health Status and 14 or More Days of Poor Health by Type, Montana Adults, 2000-2004.